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Course Name:

Posterior Segment Laser Course

Course Objectives:

- 1) Understand the principles, indications, techniques, and complications of panretinal photocoagulation (PRP), focal/grid laser and laser retinopexy.
- 2) To practice laser procedures on model eyes.

Course instructor:

Dr Angie Fong
Associate Consultant, Hong Kong Eye Hospital
Honorary Clinical Assistant Professor, The Chinese University of Hong Kong

Dr Derek Chung
Private Practice

Course coordinator:

Dr Danny Ng
Associate Professor, Department of Ophthalmology and Visual Sciences,
The Chinese University of Hong Kong

Target participants:

First Year Ophthalmology Resident Trainees of the Hong Kong Hospital Authority

Dates:

Lecture: 2022 Aug 2 (Tue) 19:00 – 19:30
Practical: 2022 Aug 19 (Fri) 19:00 – 22:00

Venue:

Lecture: The lecture will be conducted online.
Practical: 3/F Ophthalmic Microsurgical Training Centre (OMTC),
Hong Kong Eye Hospital, 147K Argyle Street, Kowloon

Course Fee:

Free of Charge for Ophthalmology Resident Trainees of the Hong Kong Hospital Authority



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Course Programme:

Time	Location	Topic	Instructor(s)
Aug 2 (Tue) 19:00-19:30	The lecture will be conducted online through ZOOM	<u>Lecture</u> Panretinal photocoagulation (PRP), focal laser and laser retinopexy (30 mins)	Dr Angie Fong
Aug 19 (Fri) 19:00 – 22:00	3/F, OMTC, HKEH	<u>Practical</u> Demonstration of laser procedures in model eye & practical sessions	Dr Derek Chung Dr Angie Fong
After Aug 19 (weekdays after 17:45 & weekends)	3/F, OMTC, HKEH	Practice sessions (Online booking)	Trainees may invite a trainer from their cluster to proctor the practical session.

Registration

<https://forms.gle/FQ4kV6aHR5PYMRK88>

Practical: Registration details of practical sessions will be released later. Registration for hands-on practice is filled on a first-come first-served basis and early online registration is encouraged.

For enquiries, please contact us at (852) 3943 5850 or 3943 0702 or omtp@cuhk.edu.hk

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Notes:

Both online lecture and practical content adhere to COHK guideline (see Appendix I)

Online lectures

1. Trainee attendance will be taken by CUHK OMTC Admin Staff who is hosting the online video conference platform. Over 75% time of attendance on each lecture is required.
2. Please use your login name (same as your registration Full name) in order to capture attendance.
3. Please switch on video to show face during the lecture.
4. Online lectures will be recorded. In case a trainee is on urgent leave, he/she may request for the recording. Please note that the recording will only be given to the trainee subject to the consent of respective course instructor.

Practical Assessment

1. In case a pre-registered trainee is absent, he/she will be arranged to attend the next available practical session (if any) provided that a written notice of absence is given to CUHK OMTC Admin Staff by email. Otherwise, the absentee should be responsible for inviting a trainer for a make-up session. CUHK OMTC will only offer venue and equipment for the make-up session.
2. Upon your arrival, an assessment form (Appendix II) will be handed to the trainee. The trainee is responsible to hand-in the assessment form to the trainer for fill and sign. Immediate feedback and debriefing from the trainer are encouraged.
3. Before leaving the practical, CUHK OMTC Admin Staff will collect from the trainee 1) assessment form filled and signed by trainer and 2) course evaluation form. We encourage the trainee to take a photo or photocopy the filled and signed assessment form for their own record.
4. CUHK OMTC Admin Staff will return your assessment form to COHK within 14 days. If trainee did not return the filled and signed assessment form to CUHK OMTC before leaving the practical, he/she will be responsible to communicate with COHK.
5. In case a trainee was recommended "Need to repeat practical session," a repeat practical session will be arranged. A new assessment form will be issued to the trainee again during the repeat practical session, and the trainee shall hand-in the assessment form to the trainer to fill and sign on site as per points #2 - #4 above.

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Appendix I.

COHK Guidelines for Simulated Surgical Training: Laser

1. This course should have 3 modules:
 - I. Anterior segment laser
 - II. Posterior segment laser
 - III. Glaucoma laser

The 3 modules may be taught at the same time or separately (in any order).

2. All 3 modules should be completed during basic surgical training.
3. It is strongly recommended that trainees should have completed the relevant module(s) before performing the corresponding procedures on patients under supervision.
4. The course should consist of two parts, lecture and practical.
5. The lecturer(s)/ trainer(s) must be registered trainers of the College of Ophthalmologists of Hong Kong

Lecture:

Modules	Content	Min duration
Anterior segment	YAG capsulotomy	20 mins
Posterior segment	Pan-retinal photocoagulation Macular laser Laser barrier	30 mins
Glaucoma	Peripheral iridotomy Peripheral iridoplasty Trabeculoplasty (ALT/ SLT/ MLT) Laser suturelysis	30 mins
3 Modules together		1 hour

The following aspects should be covered:

1. Principle of ophthalmic laser and laser safety (**mandatory**)
2. Clinical indications
3. Informed consent
4. Common complications and principles of their management
5. Post-laser management, including medication and follow-up

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Practical:

- Each trainee should have at least 30 minutes of supervised practice time per module(90 minutes for 3 modules)
 - The overall trainee to trainer ratio should not exceed 3 to 1
6. Training centres should apply for approval of the course at least 1 month before the proposed course date, retrospective application will not be accepted.
 7. Each approval will be valid for two years, after which the training centre concerned need to apply for approval again.
 8. The training centre concerned need to return the assessment forms within 14 days after the course.

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Appendix II.

COHK Simulated surgical training: Laser

Trainee Assessment Form

Date and Time of Lecture:	
Venue of Lecture:	
Date and Time of Practical:	
Venue of Practical:	
Covered Modules:	<input type="checkbox"/> Anterior segment <input type="checkbox"/> Posterior segment <input type="checkbox"/> Glaucoma

Trainee Name:

Recommendation from Trainer:

Please tick one of the following:

1. Can proceed to perform laser on patients under supervision
2. Need to repeat practical session

Comments from trainer/ suggested areas for improvement (if any):

Trainer name:

Signed:

Date:

Please return this form to COHK within 14 days after the course.